Infusions

SPRING 2020

Mike's Auto Body Gives Back to the HFNC Community

NEWS

For 19 years, Mike's Auto Body and its well-known Benevolence Program has helped many organizations and families in need by giving away a "new" used car.

As in the past few years, one of our community member's family was given a hand up thanks to Mike's Auto Body. The family, along with other deserving families from various organizations gathered at the Antioch Body Shop for the car presentation and an early holiday celebration.. All cars had trunks full of wrapped presents, bikes for the children, and a year of paid insurance.

The entire program is run off donations - from the cars, to parts and paint, to the inspections and mechanics time. Vendors, inspectors, mechanics, and insurance agencies partner with Mike's Auto Body throughout the year to keep this wonderful tradition going for the community.

The generosity of this program continues year after year and we cannot thank Sal Contreras, Dane Dearlove and the Rose Family at Mike's Auto Body enough. Also a huge Thank You to our Board Member Pete Barbounis for bringing this partnership to the Foundation, a special thanks to our local HTC social workers for helping link us to needy families and to Dan Brown at Farmers Insurance.

In order to qualify for a vehicle, please watch your email and our website for instructions on how to qualify and apply. The biggest challenge for our Board is to determine who will receive the car. "All of the applications we receive are compelling and each family is deserving. Choosing a single one from the applicants is so difficult," said Pete Barbounis. " I am really happy that my friends at Farmer's and Mike's Auto Body support my hemophilia community and provide this amazing program. I think it's pretty unique and I look forward to it every year. I love seeing the families giving back through volunteerism and being part of the community".

https://www.facebook.com/MikeRosesAutoBody/

MIKE'S AUTO BODY
WHERE QUALITY COUNTS
Established in 1972

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NEWSLETTER OF THE HEMOPHILIA FOUNDATION OF NORTHERN CALIFORNIA

Dear community members, in response to the COVID-19 outbreaks across the United States, the **Crab Feed** is being postponed indefinitely (new date TBD) and **Family Education Day** is now postponed to October 18, still in Fresno. The Annual Meeting that was going to take place at the Crab Feed will now take place **via conference call on April 14, 2020 at 6:30pm**. We also have confirmed that the **Emerging Therapies Forum will be taking place at Stanford on July 19**. All other events are currently operating as scheduled, including our **Unite For Bleeding Disorders Walk** and **Camp Hemotion**! Make sure you sign up for those!

While we are disappointed that we won't see you all at the end of this month, health comes first in our community. Please make sure you are washing your hands, not touching your face, staying away from crowded areas or events, and self-quarantining if you are ill. **If you are in need of assistance, don't hesitate to reach out. We are still up and running and here for you!**

NEWS

What are bleeding disorders and how many people are affected by them?

The bleeding disorders community includes more than three million Americans who have hemophilia, von Willebrand disease, and other rare bleeding disorders (called rare factor deficiencies). All of these conditions prevent the blood from clotting the way that it should, which can lead to prolonged bleeding after injury, surgery, or physical trauma. They can even be deadly if not treated correctly.

Did You Know?

Bleeding disorders affect women too!

- More than a million women in the U.S. have a bleeding disorder — but only 20,000 know it
- Left undiagnosed and untreated, women may bleed uncontrollably — and possibly die — during childbirth or surgery
- Early symptoms are often ignored

National Hemophilia Foundation, 4/12/19,
https://www.hemophilia.org/node/9436

The first step to improving care is recognizing the issues girls and women with bleeding disorders face. "The bleeding symptom that contributes the most to poor quality of life is heavy menstrual bleeding, called menorrhagia," says Robert F. Sidonio Jr., MD, MSc, associate director of hemostasis and thrombosis at Emory University/Children's Healthcare of Atlanta. Adolescent girls and young women may miss school or work due to heavy periods, adds Sidonio. He is a member of the CDC WWBD. Women face several obstacles to getting a bleeding disorder diagnosis. One of the first is that they may not recognize the problem. Chris Guelcher, MS, APRN, PPCNP-BC, a member of the CDC WWBD and a pediatric nurse practitioner, says family history may keep women from seeking medical care. "Family members may have similar bleeding issues, so symptoms aren't recognized as abnormal."

When they do seek help, women may discover that bleeding disorders can be difficult to diagnose, even with testing. For example, anxiety in a patient can cause a falsely high factor level during testing for von Willebrand disease (VWD), notes Guelcher. She works at the Center for Cancer and Blood Disorders at Children's National Health System in Washington, DC. Because of this, it may take repeated testing to reach a conclusive diagnosis. But without an accurate diagnosis, it's hard for healthcare providers to tailor their treatment approach, or for patients' insurance to cover them. Women may also encounter healthcare providers who view hemophilia as a male-only disorder. In addition, some healthcare providers may not understand or recognize unique bleeding issues in women. A 2004 CDC survey of women with VWD found an average of 16 years between the onset of bleeding symptoms and diagnosis of a bleeding disorder. A 2015 needs assessment survey by NHF and its working group showed that the average gap was about 8 years. Any delay in diagnosis can have serious health consequences for women. These include problems during pregnancy and childbirth, surgeries and joint issues due to microbleeds (bleeding from microscopic injuries in the joint).

Source: Hemaware Magazine, 4/12/19,
https://hemaware.org/mind-body/opening-doors-better-care

Washington Days 2020 Nic DeFalco

When we landed in D.C., I didn't know exactly what to expect for my first time attending Washington Days. I knew that we would be meeting with members of Congress, and I knew we would be talking about bleeding disorders and the current legislation that affects our community. What I didn't know was how many people from across the country come together for one big day of small meetings, and how effective it can be to share your story with lawmakers.

The meetings last about 10 to 15 minutes, and in this time you talk about how bleeding disorders have affected your life, and then ask that the congressman support the legislation that benefits our community members. You're always with your other team members, so you never have to go to a meeting alone which was a huge relief for me as someone who struggles with public speaking, so my team members and I were able to divide the talking between us and have an easier and more natural conversation.

It was awesome to see all the other community members in one huge conference room when we received training for our day on Capitol Hill, and even more awesome on the day itself when we're all sporting our red ties! We all learned about the bill we'd be trying to get sponsored, and how to have an effective meeting on the Hill.

Nic DeFalco, Jimmy Panetta, US House Representative, California's 20th District

Continued on Page 6

I met another hemophiliac who had a very similar story to mine, and almost the same connection to pain and loss that I have. I didn't know there was someone so much like me in the whole world, and I felt like this guy had things figured out, despite everything I knew he'd been through. That gave me hope for myself.

Maddie Wing (HFNC Jr. Board Member), Nic DeFalco, Adam Schiff US, House Representative California's 28th District, Dawn Pollard (HFNC Board President) Michelle Wing

Walking through the Hill is rough until you find out there's a subway system that takes you from one side of the Hill all the way to the other (however, don't bet on getting in unless you have an official with you). We were lucky enough to have one of the congress member's aides take us through the subway for one of our meetings.

Speaking of the aides, these are the people you will first meet with and speak to before meeting any member of congress. They are super nice and very interested in what you have to say, making it feel like a real connection is made. And if you end up not meeting your congressman, the aides make sure they get all the info.

Stepping off of Capitol Hill, you feel like real change has been made. You didn't realize the value of meeting and connecting with somebody who has the power to vote on these issues that affect you and your people. In the grand scheme of things, it's easy for people to feel like their voice doesn't matter. Apparently it does matter, you just need the right people to hear it.

Unite

for Bleeding Disorders

Lake Merritt Pergola | Oakland, CA

JOIN US | MAY 17, 2020

9AM - 12PM

Register at

www.uniteforbleedingdisorders.org

The Hemophilia Foundation of Northern California

FOR ALL BLEEDING DISORDERS

Questions?

510-658-3324

ashley.gregory@hemofoundation.org

42nd annual

Camp Hemotion

An annual week-long residential summer camp serving young people with bleeding disorders, known carriers, and their siblings.

(For ages 7 and up)

Sign Up!

Online:
hemofoundation.org

Contact:
Bryan Anderson
510-658-3324

June 14 to 20 2020

HFNC Local Community Resources

Autism Social Communities - Presented a session and a booth at HFNC's 2019 Family Education Day
https://autismsocialcommunities.org/

Colburn Keenan Foundation - is a charitable organization dedicated to improving the health and well being of individuals and families living with chronic illnesses, with priority placed on those living with bleeding disorders (pays for vehicle repairs, durable medical equipment, etc. and has helped HFNC community members. Requires Social Worker referral) http://colkeen.org/

Danny's Dose - sells emergency medical headrest covers and provides free of charge document templates for emergency treatment, vehicle emergencies and emergency rooms http://dannysdose.com/

For Kids Foundation, Monterey Bay - pays for durable medical equipment and services not covered by other payers (crutches, helmets, knee/elbow pads, therapies, etc.) Espanol https://www.forkidsfoundationmontereybay.org/

GHPP (Genetically Handicapped Persons Program) - provides no to low cost coverage for adults 21 and up with genetic conditions including bleeding disorders - most medi-cal recipients with a bleeding disorder also have GHPP coverage - Multiple languages
https://www.dhcs.ca.gov/services/ghpp/Pages/MedicalEligibility.aspx

Helping Hands - HFA's Helping Hands Emergency Assistance is designed to establish a rapid, non-invasive source of relief for emergency situations or urgent needs to persons who are affected by diagnosed bleeding disorders. Each year, Helping Hands aids hundreds of families in crisis situations with emergency/urgent funding for basic living expenses such as housing, transportation, and utility bills.
https://www.hemophiliafed.org/our-role-and-programs/assisting-and-advocating/financial-assistance/helping-hands-emergency-assistance/

Hemophilia Council of California - advocates for our state bleeding disorders community as a whole, accepts individual reports and complaints https://www.hemophiliaca.org/

Housing Authority Locations by County in California - rental listings, Section 8 Housing Voucher applications
https://www.hud.gov/states/california/renting/hawebsites

Kids Wish Network - Grants wishes to children 3-18 with life threatening conditions (has granted one of our community members a wish)
https://www.kidswishnetwork.org/kidz-klub/

Medical Marijuana Laws - Sacramento County Public Law Library site https://saclaw.org/articles/marijuana-laws-in-california-edl/

Parents Helping Parents Special Education - IEPs, 504's, Individual Health Care Plans (has helped our community members with school concerns) Espanol Parents Helping Parents San Jose Special Needs Children : Parents Helping Parents

Patient Services, Inc. - provides premium, co-pay and disability assistance through financial support and advocacy (has helped HFNC community members) https://www.patientservicesinc.org/

Seeking Safety - research studies that pay trauma survivors (HFNC community members have participated)
https://www.treatment-innovations.org/join-our-studies.html

Whole Child Model/California Children's Services - provides no to low cost coverage for children birth to 21 with chronic, life threatening conditions including bleeding disorders - Multiple languages https://www.dhcs.ca.gov/services/ccs/Pages/qualify.aspx

VINES & HOPS

LOG CABIN, PRESIDIO

1299 STOREY AVE SF CA 94129

A benefit for the Hemophilia Foundation of Northern California

Join us for our annual beer and wine tasting fundraiser. Enjoy tastings from local vineyards and breweries in the fabulous San Francisco Presidio. Grab your friends for this special evening supporting a great cause.

JUNE 27, 2020

4pm - 7pm

- Charity Fundraiser
- Wine and beer tasting
- Silent auction
- Hors D'oeuvres

Get tickets at www.hemofoundation.org

What is HEMLIBRA?

HEMLIBRA is a prescription medicine used for routine prophylaxis to prevent or reduce the frequency of bleeding episodes in adults and children, ages newborn and older, with hemophilia A with or without factor VIII inhibitors.

What is the most important information I should know about HEMLIBRA?

HEMLIBRA increases the potential for your blood to clot. Carefully follow your healthcare provider's instructions regarding when to use an on-demand bypassing agent or factor VIII, and the dose and schedule to use for breakthrough bleed treatment. HEMLIBRA may cause serious side effects when used with activated prothrombin complex concentrate (aPCC; FEIBA®), including thrombotic microangiopathy (TMA), and blood clots (thrombotic events). If aPCC (FEIBA®) is needed, talk to your healthcare provider in case you feel you need more than 100 U/kg of aPCC (FEIBA®) total.

Please see Brief Summary of Medication Guide on following page for Important Safety Information, including **Serious Side Effects**.

HEMLIBRA®
emicizumab-kxwh | 150 mg/mL
injection for subcutaneous use

Medication Guide
HEMLIBRA® (hem-lee-bruh)
(emicizumab-kxwh)
injection, for subcutaneous use

What is the most important information I should know about HEMLIBRA?

HEMLIBRA increases the potential for your blood to clot. Carefully follow your healthcare provider's instructions regarding when to use an on-demand bypassing agent or factor VIII (FVIII) and the recommended dose and schedule to use for breakthrough bleed treatment.

HEMLIBRA may cause the following serious side effects when used with activated prothrombin complex concentrate (aPCC; FEIBA®), including:

- **Thrombotic microangiopathy (TMA).** This is a condition involving blood clots and injury to small blood vessels that may cause harm to your kidneys, brain, and other organs. Get medical help right away if you have any of the following signs or symptoms during or after treatment with HEMLIBRA:
  - confusion
  - weakness
  - swelling of arms and legs
  - yellowing of skin and eyes
  - stomach (abdomen) or back pain
  - nausea or vomiting
  - feeling sick
  - decreased urination
- **Blood clots (thrombotic events).** Blood clots may form in blood vessels in your arm, leg, lung, or head. Get medical help right away if you have any of these signs or symptoms of blood clots during or after treatment with HEMLIBRA:
  - swelling in arms or legs
  - pain or redness in your arms or legs
  - shortness of breath
  - chest pain or tightness
  - fast heart rate
  - cough up blood
  - feel faint
  - headache
  - numbness in your face
  - eye pain or swelling
  - trouble seeing

If aPCC (FEIBA®) is needed, talk to your healthcare provider in case you feel you need more than 100 U/kg of aPCC (FEIBA®) total.

See "**What are the possible side effects of HEMLIBRA?**" for more information about side effects.

What is HEMLIBRA?

HEMLIBRA is a prescription medicine used for routine prophylaxis to prevent or reduce the frequency of bleeding episodes in adults and children, ages newborn and older, with hemophilia A with or without factor VIII inhibitors.

Hemophilia A is a bleeding condition people can be born with where a missing or faulty blood clotting factor (factor VIII) prevents blood from clotting normally.

HEMLIBRA is a therapeutic antibody that bridges clotting factors to help your blood clot.

Before using HEMLIBRA, tell your healthcare provider about all of your medical conditions, including if you:

- are pregnant or plan to become pregnant. It is not known if HEMLIBRA may harm your unborn baby. Females who are able to become pregnant should use birth control (contraception) during treatment with HEMLIBRA.
- are breastfeeding or plan to breastfeed. It is not known if HEMLIBRA passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription medicines, over-the-counter medicines, vitamins, or herbal supplements. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

How should I use HEMLIBRA?

See the detailed "Instructions for Use" that comes with your HEMLIBRA for information on how to prepare and inject a dose of HEMLIBRA, and how to properly throw away (dispose of) used needles and syringes.

- Use HEMLIBRA exactly as prescribed by your healthcare provider.
- **Stop (discontinue) prophylactic use of bypassing agents the day before starting HEMLIBRA prophylaxis.**
- **You may continue prophylactic use of FVIII for the first week of HEMLIBRA prophylaxis.**
- HEMLIBRA is given as an injection under your skin (subcutaneous injection) by you or a caregiver.
- Your healthcare provider should show you or your caregiver how to prepare, measure, and inject your dose of HEMLIBRA before you inject yourself for the first time.
- Do not attempt to inject yourself or another person unless you have been taught how to do so by a healthcare provider.
- Your healthcare provider will prescribe your dose based on your weight. If your weight changes, tell your healthcare provider.
- You will receive HEMLIBRA 1 time a week for the first four weeks. Then you will receive a maintenance dose as prescribed by your healthcare provider.
- If you miss a dose of HEMLIBRA on your scheduled day, you should give the dose as soon as you remember. You must give the missed dose as soon as possible before the next scheduled dose, and then continue with your normal dosing schedule. **Do not** give two doses on the same day to make up for a missed dose.
- HEMLIBRA may interfere with laboratory tests that measure how well your blood is clotting and may cause a false reading. Talk to your healthcare provider about how this may affect your care.

What are the possible side effects of HEMLIBRA?

- See "**What is the most important information I should know about HEMLIBRA?**"

The most common side effects of HEMLIBRA include:

- redness, tenderness, warmth, or itching at the site of injection
- headache
- joint pain

These are not all of the possible side effects of HEMLIBRA.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store HEMLIBRA?

- Store HEMLIBRA in the refrigerator at 36°F to 46°F (2°C to 8°C). Do not freeze.
- Store HEMLIBRA in the original carton to protect the vials from light.
- Do not shake HEMLIBRA.
- If needed, unopened vials of HEMLIBRA can be stored out of the refrigerator and then returned to the refrigerator. HEMLIBRA should not be stored out of the refrigerator for more than a total of 7 days or at a temperature greater than 86°F (30°C).
- After HEMLIBRA is transferred from the vial to the syringe, HEMLIBRA should be used right away.
- Throw away (dispose of) any unused HEMLIBRA left in the vial.

Keep HEMLIBRA and all medicines out of the reach of children.

General information about the safe and effective use of HEMLIBRA.

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use HEMLIBRA for a condition for which it was not prescribed. Do not give HEMLIBRA to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about HEMLIBRA that is written for health professionals.

What are the ingredients in HEMLIBRA?

Active ingredient: emicizumab-kxwh

Inactive ingredients: L-arginine, L-histidine, poloxamer 188, and L-aspartic acid.

Manufactured by: Genentech, Inc., A Member of the Roche Group,
1 DNA Way, South San Francisco, CA 94080-4990
U.S. License No. 1048

For more information, go to www.HEMLIBRA.com or call 1-866-HEMLIBRA.
This Medication Guide has been approved by the U.S. Food and Drug Administration
Revised: 10/2018

HEMLIBRA®
emicizumab-kxwh
injection for subcutaneous use
150 mg/mL

Genentech
A Member of the Roche Group

NEWS

CONGRATULATIONS WINNERS!

HFNC recently awarded educational scholarships to three applicants.
~Here are excerpts from the winning essays~

Jonathan Zhang

Recipient of the Daniel Gallagher Memorial Scholarship

My study of genetics will help me understand not only hemophilia, but other genetic mutations. I want to reduce genetic mutations so that people won't suffer anymore. I have a genetic mutation called hemophilia and basically it prevents me from doing any physical activities or jobs. When I do physical activities, I often hurt myself and suffer a swollen ankle. In addition, when I work I tend to stand up 4-7 hours and lift heavy stuff. After that I come home with a swollen ankle and chronic pain. I hope that my genetics degree would help find a permanent treatment for those with hemophilia.

Robert Lo

Recipient Carolyn I. De Pauw Memorial Scholarship

In the entertainment industry, the main problems include racial inclusion, gender inclusion, and affecting the masses. No matter what kind of show it is, either movie or TV show, there is going to be someone or a group of people who do not like what they see. You try your best but you cannot please everybody. You try your best, but there will always be people who do not like it at all. There is the talk of gender inclusion. Most of the movies and TV shows that have been produced and directed have mainly been men. Many women are upset at this because they do not get the chance to be able to direct or write movies and TV shows. There are some female directors and screenwriters but there are not a whole lot of them in the entertainment industry. Another big issue would definitely be the amount of people who also want to be famous. There are so many people who want to make it big in the entertainment industry and I know that my chances are slim, but I have a chance.

Thalia Zamora

Recipient Kurt Pollard and Brett Leach Memorial Scholarship

I am currently enrolled in the Sterile Processing Technician program at Contra Costa Medical College. Once I complete the program on April 1st, I will then have to complete a six-week externship at a hospital chosen by my instructor. Once I complete my externship, I become a Sterile Processing Technician II. Many people believe becoming a sterile processing technician is just doing the hospital's "dirty work", but it is a lot more meaningful than just cleaning. We are the heart of the hospital. Our main job is to prevent cross contamination. We put ourselves at risk of infection by sterilizing the surgical instruments being used on patients. Before our surgical tray makes it to the operating room, we inspect each instrument carefully for cleanliness and proper function. It then goes through the sterilizing process, and once that is complete, we pack the surgical trays with the correct instruments needed for each procedure. Each doctor is different, so each surgical tray is assembled according to the surgery and doctor performing the surgery. There is no room for mistakes, it can cause the patient their life.

You can apply too! Please see our Scholarships page at www.hemofoundation.org for details

FAMILIA DE SANGRE

CALIFORNIA 2020

18-20 de septiembre de 2020
Anaheim Marriot, CA

La inscripción comienza el 1 de abril de 2020.
Inscríbase en: **www.familiadesangre.org**
La inscripción con descuento es
hasta el 1 de mayo de 2020.
($ 10 de descuento por adulto).

Registration opens April 1, 2020.
Register at: **www.familiadesangre.org**
Early bird registration is until May 1, 2020.
($10 off per adult).

GUARDAR LA FECHA

JOIN US

The Central California Hemophilia Foundation, Hemophilia Association of San Diego County, Hemophilia Foundation of Northern California and Hemophilia Foundation of Southern California are proud to bring you the fourth annual Familia de Sangre, a three-day bleeding disorders conference presented in Spanish. Educational sessions and networking opportunities will cover health care, education and support services. Space is limited.

ÚNASE A NOSOTROS

La Fundación de Hemofilia del Centro de California, Asociación de Hemofilia del Condado de San Diego, la Fundación de Hemofilia del Norte de California y la Fundación de Hemofilia del Sur de California están orgullosos de traerles la cuarta conferencia anual: Familia de Sangre, una conferencia de tres días sobre desórdenes sanguíneos presentada en español. Sesiones educativas y oportunidades para establecer conexiones cubrirán importantes temas de cuidado de la salud, educación y servicios de apoyo. El espacio es limitado.

CALENDAR

JAN			
	1/1/2020	New Years Day	
	1/14/2020	Board Meeting	Phone
	1/17/2020-1/19/20	Family Camp	Livermore, CA
	1/16/2020-1/19/20	NACCHO	Phoenix, AZ
	1/25/2020	Board Retreat	TBD
FEB			
	2/11/2020	Board Meeting	Phone
	2/17/2020	President's Day	
	2/23/2020	Asian Infusion	San Mateo, CA
	2/26/2020-2/28/20	Washington Days	Washington DC
	2/28/2020		Rare Disease Day
MAR			
	3/9/2020-3/12/20	Chapter Leadership	Dallas, TX
	3/10/2020	Board Meeting	TBD
	3/26/2020	HCC Health Summit	Los Angeles, CA
	Postponed, new date	TBD Crab Feed	Oakland, CA
	3/1/2020-3/31/2020	Advocacy Month	
APRIL			
	4/2/2020 4/5/20	YETI Conference	
	Region IX	Torrance, CA	
	4/12/2020	Easter	
	4/14/2020	Board Meeting	
	4/17/2020	World Hemophilia Day	
	4/23/2020-4/26/20	HFA Symposium	Baltimore
MAY			
	5/1/2020-5/3/20	BLeaders	TBD
	5/3/2020-5/5/20	Future Leaders	Sacramento, CA
	5/5/2020	Legislative Day	
	5/5/2020	Cinco De Mayo	
	5/17/20	Unite Walk	Oakland, CA
	5/25/2020	Memorial Day	
JUN			
	6/14/2020-6/17/20	WFH World Congress	Kuala Lampur
	6/13/2020-6/14/20	Camp Hemotion Staff & Counselor Training	
	6/14/2020-6/20/20	Camp Hemotion	Oakhurst, CA
	6/27/2020	Vine & Hops	San Francisco, CA
JUL	7/4/2020	Independence Day	
	7/19/2020	Emerging Therapies Forum	Stanford, CA
	7/20/2020-7/31/20	Staff Strategic Planning	
AUG			
	8/5/2020-8/8/20	NHF BDC	Atlanta, GA
	8/14/2020	HCC Policy Summit	Sacramento, CA
	8/31/2020	Golf Tournament	Pleasanton, CA
SEPT			
	9/7/2020	Labor Day	
	9/17/2020-9/19/20	Famlia de Sangre	
OCT			
	10/4/2020	San Jose Color Relays	San Jose, CA
	10/12/2020	Columbus Day	
	10/18/2020	Family Education Day/ WHD Celebration	Fresno
NOV			
	11/11/2020	Veteran's Day	
	11/13/2020-11/15/2020	The Female Factor Retreat	Petaluma, CA
	TBD	Men's Retreat	
	TBD	NHF Insurance Reimbursement Summit	Baltimore, MD
	11/26/2020-11/27/2020	Thanksgiving Holiday	
DEC			
	12/1/2020	World AIDS Day	
	12/1/2020	Giving Tuesday	
	12/5/2020	Oakland Holiday Party	Oakland, CA
	12/13/2020	Posada	TBD
	TBD	Fresno Holiday Party	
	12/25/2020	Christmas Day	

HOME CHAPTER ORGANIZATION

HFNC	Hemophilia Foundation of Northern California
	https://www.hemofoundation.org/
	Auxiliary Fresno
	Auxiliary San Jose

AFFILIATED ORGANIZATIONS

NHF	National Hemophilia Foundation
	https://www.hemophilia.org/
	NHF Chapters (See full list at NHF):
HFSC	Hemophilia Foundation of Southern California
	http://www.hemosocal.org/
HASDC	Hemophilia Association of San Diego County
	http://hasdc.org/
CCHF	Central California Hemophilia Foundation
	https://www.cchfsac.org/
AHA	Arizona Hemophilia Association
	https://www.arizonahemophilia.org/
HFO	Hemophilia Foundation of Oregon
	http://hemophiliaoregon.org/
HFA	Hemophilia Federation of America
	http://www.hemophiliafed.org/
HCC	Hemophilia Council of California
	https://www.hemophiliaca.org/
WFH	World Federation of Hemophilia
	https://www.wfh.org/

PARTNER ORGANIZATIONS

HTC	Hemophilia Treatment Centers:
	Stanford University Medical Center
	https://www.stanfordchildrens.org/en/service/hematology
	University of California at Davis
	https://www.ucdmc.ucdavis.edu/hemophilia/
	University of California San Francisco
	https://www.ucsfhealth.org/clinics/hemophiliatreatment_center/
	UCSF Benioff Children's Hospital Oakland
	https://www.childrenshospitaloakland.org
	Valley Children's Hospital
	https://www.valleychildrens.org/
MFTC	Music for the Cause
	https://www.musicforthecause.org/

HEMOPHILIA FOUNDATION
OF NORTHERN CALIFORNIA
6400 Hollis St · Suite 6
Emeryville, CA 94608

PRSRT STD
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SACRAMENTO, CA

The Hemophilia Foundation of Northern California
FOR ALL BLEEDING DISORDERS

The Hemophilia Foundation of Northern California (HFNC) does not endorse any particular pharmaceutical manufacturer or home care company.

PLEASE NOTE: The companies whose advertisements are listed herein have purchased this space, and are NEVER provided with members' names, addresses or any other personal details. Paid advertisements and paid inserts should not be interpreted as a recommendation from HFNC, nor do we accept responsibility for the accuracy of any claims made by paid advertisements or paid inserts.

Since we do not engage in the practice of medicine, we always recommend that you consult a physician before pursuing any course of treatment.

Information and opinions expressed in this publication are not necessarily, those of the Hemophilia Foundation of Northern California, or those of the editorial staff.

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Hemophilia Foundation of Northern California is a 501(c)(3) non-profit. Donations are tax-deductible, much needed and appreciated.

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